

SPRING PASTORS RETREAT

FOR CBAC PASTORAL LEADERS

The **Spring Pastors Retreat** is a space to draw closer to God in community and in solitude. The theme is “The Lord is Our Strength.” This retreat is facilitated by Rev. Sandy Sutherland, spiritual director.

Details:

- **April 20-23, 2026** – Monday 12:00pm to Thursday 12:00pm (4 days/3 nights)
- **Bayside Camp** – 1503 Ketch Harbour Rd, Sambro Head NS (30 mins from Halifax)
- **Lodging** – Single room, shared bathroom. It is a modern camp style with one bunk bed per room with a small table, chair and lamp. Bring own bedding, towels, etc.
- **Cost**
 - **First time for a Sozo Retreat:** Early bird, by April 10: **\$175**; after April 10: **\$200**
 - **Returning, no Sozo Membership:** Early bird, by April 10: **\$275**; after April 10: **\$300**
 - **Paid for a retreat as part of a Sozo Membership:** **\$0**
 - **Upgrading Sozo Membership to include a retreat:** **\$150**

Register: atlanticbaptist.ca/sozo-spring-retreat

Registration deadline: April 13, 2026

For more information or for questions contact:

Sandy Sutherland, Sozo Centre Team Member
sandy.suth2020@gmail.com



Facilitator: Rev. Sandy Sutherland

Sandy is a retired pastor married to a retired pastor. She and her husband have two adult children and two grandsons. Sandy has her M.R.E. from Gordon-Conwell Theological Seminary and has pastored in N.B., N.S., and NL. She and her husband now live in Halifax, N.S. Sandy studied spiritual formation at the Emmaus Formation Centre and is a trained spiritual director. Besides her work and playing with her grandchildren, Sandy enjoys travelling, mysteries, and a good cup of coffee.